

MOTIVATION IN THE WORKPLACE

OVERVIEW

This 4-hour interactive workshop is designed to help managers and employees create a *motivating environment* at work using the FISH! concept. It encourages staff to explore *global and individual motivational options*, resulting in a *happier, more productive workforce*. Leaders and employees are both taught how to analyze factors that motivate them and how to ensure that they stay motivated at work. To encourage maximum participation and partnership, this series employs a mix of teaching methods including interactive group work, experiential activities, video and focused discussion.

OUTCOMES

Upon completing this session, the participants will be able to:

-  *understand* motivation: global and individual
-  *identify* sources of motivation
-  *develop* ways to motivate
-  *involve* others as a method of motivation
-  *take* responsibility for self-motivation
-  *hone* questioning skills for increased understanding and motivation

TOPICS

The session outline is as follows:

- I. Motivation Definition
 - Exists inside
 - Need to tap into it; self and others
- II. Motivating Environment - Fish![™]
 - Be There
 - Make Their Day
 - Choose Your Attitude
 - Play

- III. Individual Motivators
 - Identify your own
 - How to identify other's
 - Relevance to job satisfaction levels

- IV. Daily actions and behaviors for continued motivation for yourself and others

GENERAL INFORMATION

This workshop is offered as a 4-hour session. Class size is limited to 20 participants.

TARGET AUDIENCE

-  All company employees
-  All managers and leaders